

# G I V E M E M Y M O U N T A I N NEWSLETTER

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NOT TO FEEL  
OKAY

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A WORD ON  
OBEDIENCE

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TAKE OFF  
YOUR SHOES

## PRESS ON

We all thought that by now, we would be done and dusted with the pandemic. Alas! This was not the case.

In this issue, we talk about what it means to press in and to press on, and we share the tips of the inner muscle that you ought to build.

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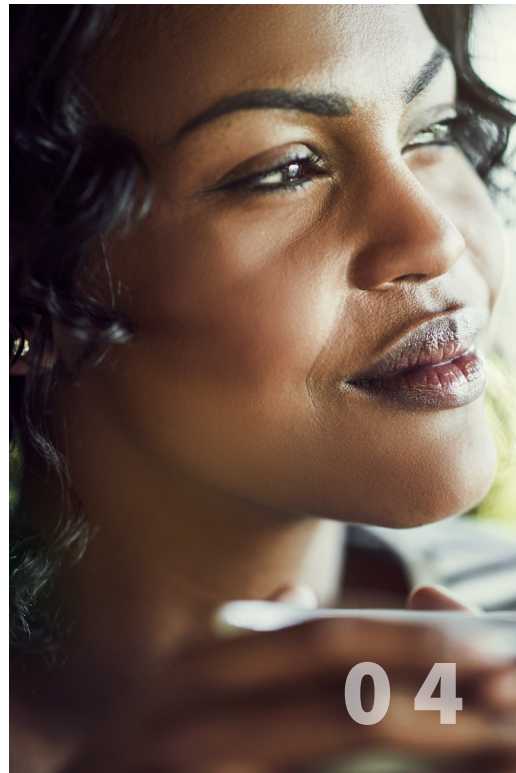
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QUOTE FROM THE BOOK  
GIVE ME MY MOUNTAIN

*Climbing requires stamina.  
Do not abandon your big  
mountain for a smaller one  
simply because the climbing  
got hard.*

## A note from Esther

**T**he swamp, the shallow and the deep!  
At the swamp? Where the waters are  
salty and there is very little life there?  
If your dream remains at this level, it will  
always be salty and never fun.

At the shallow level? Where the waters are  
knee-deep? Here, you can easily walk into  
it, without much struggle and it's there. Just  
there!

It is not until you get to the DEEP end that  
you can swim and perhaps get all the fish  
you have searched for the whole night (life).

And when you finally cross over to the bank  
of the river, you can sit back and enjoy the  
green of the trees and their fruits.

Do not give up at the swamps of the river,  
neither at shallow end or the deep end of  
your dream. You must cross over to the  
other side!! At that advantaged position you  
can look back and say, "It was all worth it!"

And yes, they are at their shallow end, but I  
could feel their desire to go into the deep.  
Keep at it. Press it, and press on.

*Esther Muchembi*





# It is okay not to feel okay

**I**t is okay to feel pain but it is wrong to remain in pain. It is okay to feel discouraged but it is wrong to remain discouraged. It is okay to fail but it is wrong to become a failure. It is okay to be angry but it is wrong for the sun to set when I am angry. It is okay to feel offended and hurt but it is not okay to carry bitterness. And the list can go on and on.

What makes the difference is how you handle those emotions, those tough moment because coming your way they surely will. Knowing that therefore, you will quickly recognise the emotion and call it by name.

Oh yes! When you are in pain tell myself “I am in pain”. And you will find ways to deal with it. Perhaps by talking it out to

my family, to a friend and or to God. Try your best to get out of it as soon as possible because the power of pain can bring destruction. Destruction to you, to your family, to your job, to your business and ultimately, to your life.

Indeed it is a major hindrance to getting to your mountain. This analysis is applicable to all other negative emotions. Let us therefore create a society that recognises that these emotions exist for real and can get to any one of us, and as such give each other space and support to go through that phase.

Condemnation and judgment has never been an answer, and it will never be. Love and support is!

*It is okay to feel pain but it is wrong to remain in pain. It is okay to feel discouraged but it is wrong to remain discouraged.*

# A word on obedience



**T**he consequences of disobedience are far reaching. After Joshua (in the days of children of Israel), there came another generation.

A generation that did not fear God, a generation that never knew what God had done for them. A generation that worshiped other gods(Baal).

We may not fear man, but let us fear God. We call out the fear of God in our families, in our institutions,

in our government, in our businesses, in our churches in our nation, everywhere!

A nation that fears God prospers. Let us go back to that nation, that nation that fears God that generation, that fears God.

Let us go back to the basics of fearing God and obeying Him, no matter what. It only takes one person to make a change. One person. One Go for you mountain one more time!

**W**hat has obedience got to do with pressing on? Everything. The obedience, or the lack of it has a direct co-relation to your success. To succeed means that you need to do the right thing, no matter the cost.

Do you remember those boys and girls who in school who chose to disobey their parents and teachers and refused education? Where are they today? Some of consequences of disobedience are regret, pain, confusion, losses, failure, punishment and so on.

On the contrary obedience comes with a reward, celebration and fulfillment. When everything seems to be going against you, it is normal to want to throw in the towel and do what everyone else is doing, for example, complaining about how bad the economy is.

So let's teach ourselves to carry an obedient spirit. Obedience is a choice. Disobedience is also a choice. Make a resolution to make obedience to God part of your journey.



*Let us go back to the basics of fearing God and obeying Him, no matter what. Go for you mountain one more time!!*





# A second chance

**D**iscouragement, pain, fear, failure are a part of life. There are time when you will be discouraged. There are time when you will make wrong decisions. There are times you will fail but in every one of those times, see through the circumstance, and you will see that life will give you a second chance.

There are always opportunities around us. An opportunity to make a connection, to start a new venture, to enroll into a new class, to jump into a conversation, but due to factors around us at the season, we miss them out. An employee, a child or someone else under you may perform below your expectations: that is not their end. There is always a second chance.

Whose table are you sitting on? Many of us use so much time looking for approval to sit on other people's tables. Why not spend time and resources creating your own table to sit on? And by extension invite others to sit around your table?

After all, God has promised to lay a table for you in front of your enemies. So tell your friends and enemies alike, your focus is on creating your table, your influence your impact. The rest are sideshows!





# | Take off your shoes

“

*True  
humility is  
not thinking  
less of  
yourself; it is  
thinking of  
yourself less.*

RICK WARREN

**T**here is a place for humility in success and prosperity! It is unfortunate that many of us have forgotten to humble themselves.

First before God and also before man and ourselves. I dare say you cannot be humble before anyone else, God included if you do not carry a humble spirit. But whether you agree to humble yourself or not this is absolutely true!

“God opposes the proud but shows favour to the humble.” James 4:6. Can you imagine operating from a position where God opposes you? Disaster with follow you.

On the other hand imagine what you can be and achieve with God’s favour!

Now more than ever before, I appreciate how important it is to operate from a place of humility. If this has such an impact on my desire to conquer my mountains I will pursue it.

I will obey and remove my shoes like Moses did if this is what it will take. Let us keep going my good people. Let us guard our hearts from pride. To God’s glory!

## PARTING SHOT

### The foundations



If the foundations of a Godly society are destroyed, what can the righteous do? It is easy to throw in the towel and say to oneself, does what I do even make a difference, why should I bother trying to make an effort?

The righteous shall remember: The eyes of the Lord are upon the righteous, and His ears are attentive to their prayer, but the face of the Lord is against those who practice evil.

Like David, I will say, my heart rejoices in You, my God, for I know You delight in me. In this season, reflect on God and His unfailing goodness and mercy.

Blessed be His Holy Name.



## Check your work ethic

Without a doubt we need to start cultivating a strong work ethic in this nation. God gave the first instruction to man to till the land, to organise the resources in the land and make the world a better place.

We need to transform the world through work. We need to take responsibility and make personal decisions around work. We have been told that whatever our hands find to do we must do it with all our might and strength.

Laziness is condemned by God and man must condemn it too. A little slumber a little folding of the hands and poverty will come

on you like a thief and scarcity like an armed man.

Many of us, especially the youth, want to choose what they want to do, how they want to do it and when they want to do it. There is so much arrogance even when we have nothing to do.

Many would rather sit by a phone and bet their last coin. The promise of quick money has been glorified too much. Isn't it time we engage in work that is work? Tell me! Beautiful people that's the only way out.

Working with our minds, our hearts and our souls. Working with our ALL!! Let's go back to hard work. The Give Me My Mountain Way!



## CONTACT US

We would love to hear from you. Please send your feedback and comments to [hello@gmmm.org](mailto:hello@gmmm.org)

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